

R.A.D Ballet

Classical ballet provides the postural control, strength and co-ordination required for all dance styles. It requires discipline and perseverance, and the rewards are incredible – co-ordination, musicality, flexibility, artistry and the ability to make the most complex movements seem effortless and graceful. Ballet at Aspire follows the Royal Academy of Dance Syllabus, offering classes from Pre-Primary to Advanced 2. The RAD is one of the largest and most influential dance education and training organisations in the world. Students are encouraged to enter for exams when they have reached the required standard. All RAD qualifications are internationally recognised.