

ASPIRE PROSPECTUS 2024



"Aspire" - to reach for, to strive towards, to dream about

Aspire
PERFORMING ARTS STUDIO

Welcome to Aspire

Our name serves to inspire us to keep reaching for our goals, both long- and short-term.

Whether wishing to pursue a career in dance or the performing arts, or learning for enjoyment, all students are given every opportunity to achieve, and are encouraged to reach their greatest potential.

From our tiniest tots right through to our most accomplished senior performers, every student is treated as an individual, whose needs and aspirations are just as important as those of their peers.

From their very first lesson at Aspire, our students will begin to achieve increased levels of self-esteem, self-confidence and concentration.

They will have the opportunity to make long-lasting friendships, while engaging in a challenging, rewarding art form which promotes overall health and fitness in a creative and enjoyable setting.



CONTACT US

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LIL GROOVERS AT ASPIRE FUN FOR OUR LITTLEST PERFORMERS



MUMS AND BUBS

Get ready to bust a move with your little one! Our Mums & Bubs Dancing classes are not only a great way to boogie down, but they also help your mini-me develop superhero muscles, lightning-fast reflexes, and a supercharged attention span. It's like a double dose of awesomeness! Plus, you'll have a blast bonding with your toddler while shaking it off on the dance floor. Don't miss out on this epic dance party!

LIL BALLET

Step into a world of enchantment and grace with our Lil Ballet Program, custom-made just for your little ones! Get ready to unlock a treasure chest of fine motor skills, imagination, and the joy of dancing. Our program is the ultimate gateway to the mesmerizing realm of classical ballet. With every plié and pirouette, your little ones will grow stronger, more confident, and flexible. And that's not all! Ballet is the perfect outlet for your tiny dancers to express themselves creatively, letting their emotions and ideas shine through every move. So, let's slip on those ballet shoes and dance our way into wonderland!

LIL JAZZ / HIP HOP

In this funky fresh class, your child will be bouncing around the room, shimmying, and mastering those explosive, dynamic moves that are sure to steal the spotlight. Lil Jazz is not just a class; it's an invitation to a world of fun vibes and groovy beats. The Hip Hop side of the program is designed for active, energetic and vibrant children who love to pop, lock and groove as soon as they hear the beat. Our program has been specially designed and is suitable for all boys and girls, inspiring these little leaders to make big moves

LIL NINJAS / ACRO

In this dynamic class, Lil Groovers will discover new moves, while enhancing their balance, flexibility, and strength through foundational acrobatic techniques like straddles, bunny hops, and pikes. Secure your child's spot today Lil Acrobats is not just a class; it's an expedition of growth, excitement, and achievement. Lil Ninjas is designed for kids with boundless energy, this dynamic program is perfect for those who revel in jumping, rolling, and climbing their way through challenges. Lil Ninjas not only encourages physical prowess but also promotes mental resilience, pushing boundaries, and achieving milestones with care and support.

Lil Stars Concert SUNDAY 24th NOVEMBER 2024

Drum roll, please! The most anticipated event of the year for our little groovers is our Lil Stars Concert! It's their chance to shine and show off their creative costumes and talents to all their loved ones. With excitement on high alert, they put on not one but two shows, each just over an hour long, before wrapping up by lunchtime. Avoiding long concerts and long waiting times for our smallest dancers and their families.



Class Descriptions

Classical Ballet



Classical Ballet provides the postural control, strength and coordination required for all dance styles. It requires discipline and perseverance, and the rewards are incredible – coordination, musicality, flexibility and artistry. Ballet at Aspire follows the Royal Academy of dance syllabus, offering classes from Pre- Primary to Adv. 2. The RAD is one of the largest and most influential dance education and training organisations in the world. Students are encouraged to enter for exams once they have reached the required standard.

Jazz is a modern and energetic style of dance for all ages that combines modern music with strong and dynamic movements. Focusing on strength, fitness, flexibility and fun, jazz classes at aspire build on a vast array of styles by continuing to incorporate choreography that is innovative and entertaining. Students will take part in free jazz alongside the CSTD jazz syllabus. Students will have the opportunity to enter examinations.

Jazz



Tap



Tap is a fun and rhythmical form of dance which encourages both musicality and co-ordination. Using clarity in sound, tap builds on a percussive style that can accentuate rhythms, or make music of its own. Aspire students study the Comdance Tap syllabus and will have the opportunity to enter examinations once they have reached the required level of proficiency

Contemporary dance uses the bodies natural lines and energy to create new movements which have a greater range of fluidity than conventional dance. The ease of movement promoted by contemporary dance technique means that it is accessible for beginners as well as allowing experience dancers to push new boundaries of body movement.

Aspire offers contemporary examinations through the Jason Winters C.S.T.D syllabus.

Contemporary



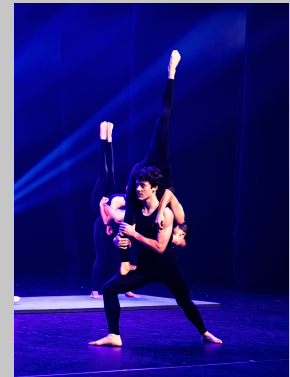
PBT/Body Conditioning



Progressing Ballet Technique (PBT) is an innovative body conditioning and strengthening program that has been designed by Ms Marie Walton-Mahon OAM. This program enhances classical technique by focusing on training the muscle memory required for all forms of dance. It also assists with injury prevention and rehabilitation.

Aspire offers the study of AcroDance through the American company Acrobatic Arts. The program is based on safe and effective progressions with proven results in five divisions of AcroDance: flexibility, strength, balancing, limbering and tumbling. Simple, thoughtful progressions take the beginner preschool level dancer from log rolls and somersaults to the advanced dancer tumbling effortlessly across the stage.

Acrobatic Dance



Hip Hop



Hip-Hop is a dynamic urban dance style that encompasses a wide array of popping, locking and breaking movements. Students engage in an upbeat environment where they will focus on hip-hop technique and choreography while dancing to all the current and old school hip-hop, rap and R&B tracks. This is a style that anyone can learn and students of all ages and degrees of experience are encouraged to join. Hip-Hop offered at Aspire will equip students with a commercial edge that's improving their overall versatility and dance. This class is offered only to our primary school aged dancers.

PRIVATE SINGING LESSONS

THESE ARE BOOKED DIRECTLY WITH THE TEACHER PLEASE ENQUIRE FOR CONTACT DETAILS





**ASPIRE PERFORMING ARTS
MORE THAN JUST A DANCE SCHOOL**

MUSICAL THEATRE & DRAMA

Aspire - Where Students Excel in Music Theatre.
At Aspire, music theatre students gain a well-rounded education in the art form. They become a "Quadruple Threat" by honing their singing, acting, dancing, and creative skills. This comprehensive approach develops an ear for music, body awareness, imagination, and vision. Our students learn to respond creatively to scripts and songs, while mastering ensemble and solo singing across a range of musical theatre repertoire. They also gain experience in acting techniques and dance styles. Our curriculum not only fosters talent but also improves self-confidence and personality development.

5.

ANNUAL MUSICAL 2024!

In 2023, Aspire produced its first in-house full-length musical, "Legally Blonde Jr." Students had the opportunity to audition and perform in the musical, which was offered outside of normal classwork. Participating in the musical allowed students to learn about the various aspects involved in staging a production. "Legally Blonde" was a smash hit among Mackay audiences, selling out both shows.



Aspire is excited to announce that the Musical for 2024 will be "We will rock you" Young @ part!

Auditions will be Saturday 20th of January and will be open to any current or new Aspire Musical Theatre Students Grade 3 and over. (Video submissions are welcome for those still on holidays)
Performance Dates are 23rd/24th March.



EISTEDDFOD INFORMATION

Aspire enters a variety of group routines in the Mackay Eisteddfod each year. Students will be able to take part in these provided they have reached the required standard. (A small number of routines are by invitation only.) The Eisteddfod is a wonderful opportunity for students to work together in a fun, but professional setting. The Term 3 Timetable will be adjusted to accommodate the group rehearsals, and as there are combined ages in groups, it is very probable that your student's class times will be different to what they were in Term 1 and 2.

Mackay Dance Festival - May Long Weekend 2024
Mackay Eisteddfod (Vocal and Music) Mid-August 2024
Mackay Eisteddfod (Dance and Speech & Drama) 29th Sept – 12th Oct 2024

Our intensive week of practices for groups is **COMPULSORY – NO exceptions**. Students **MUST** attend every lesson from Saturday to Friday. This is the only week in the year where we insist on full attendance. If you are unable to commit to this week, your student will not be able to participate in the Eisteddfod but will still be able to perform in the concert.

EISTEDDFOD INTENSIVE WEEK REHERSALS:
SATURDAY 22ND – FRIDAY 27TH SEPTEMBER 2024
Drama and Musical Theatre students compulsory dates:
THURSDAY 26th and FRIDAY 27th SEPTEMBER 2024

SOLOS

Students will be invited to enter solos/solo pieces in Eisteddfods. Cost: \$300 per dance solo. (This includes 3 hours of tuition) Any further polishing lessons required will be charged at the usual private lesson rate of \$40 per half hour. Students are expected to do their own practice at home as well.

Payment: All solo fees are to be paid in cash, either
a) Full payment of \$300 at the first private lesson, or
b) 3 payments of \$100 each – to be fully paid by the final lesson
Parents are responsible for sourcing and organising solo costumes and props (if required). Please liaise with the teacher early on about her preference for costumes.

It is also the responsibility of parents to enter their students into the eisteddfod after solos have been discussed with Aspire teachers.

EXAMS 2024

ROYAL ACADEMY OF
DANCE

COMDANCE INC.
EST. 1988

Examinations provide an opportunity to track the student's progression as well as setting goals for them to focus on and work towards. This improves the students' overall technical ability as well as instilling a sense of responsibility in achieving their goals. Students must attend extra workshops during the year if they wish to sit exams.

As mentioned previously in the class descriptions, the following syllabi will be taught:

- R.A.D - Ballet
- C.S.T.D - Jazz, Tap and Contemporary
- Trinity - Drama and Music Theatre



CONCERT 2024

Aspire presents It's Showtime at the end of each year in order to showcase the students and the work that they have done throughout the year. All students are invited to take part in the concert, which is the highlight of the year. This is a great opportunity for the students to hit the "big stage" at the MECC in an exciting and fun setting. There is a place for everyone to shine in our end of year concert.



**IT'S SHOWTIME CONCERT
SUNDAY 1ST DECEMBER 2024**



VENUE

ASPIRE PREMISES

ASPIRE IS CENTRALLY LOCATED AT 1/7 WINDMILL CROSSING, MT PLEASANT. (TURN RIGHT AT TRAFFIC CIRCLE AFTER MCDONALD'S). THE

PREMISES OFFER:

- 2 SPACIOUS, AIR-CONDITIONED STUDIOS, COMPLETE WITH MIRRORS, SPRUNG FLOORING AND TARKETT
 - 1 SMALLER STUDIO, COMPLETE WITH AIR CONDITIONING AND SPRUNG FLOORING
 - AMENITIES – TOILET, SHOWER, CHANGE-ROOMS
 - AMPLE, SAFE, ON-STREET PARKING.
- NB PLEASE PARK IN THE STREET - IT IS STUDIO POLICY THAT WE DON'T USE THE SMALL PARKING LOT BEFORE 5:30PM AS IT GETS VERY CONGESTED AND IS A HAZARD TO OUR STUDENTS' SAFETY.

UNIFORMS

DANCE WEAR MACKAY HOLLAND STREET STOCK ALL ASPIRE UNIFORM ITEMS.

ALL STUDENTS ARE EXPECTED TO TAKE PRIDE IN THEIR GROOMING, THIS INCLUDES HAIR, CORRECT FOOT-WEAR AND ENSURING THAT ASPIRE UNIFORMS ARE WORN AT ALL TIMES.

COMMUNICATION



WE WANT YOU TO BE WELL - INFORMED, SO WE HAVE MANY COMMUNICATION CHANNELS TO MAKE SURE YOU DON'T MISS ANYTHING. MOST COMMUNICATION FROM OUR STUDIO WILL HAPPEN VIA EMAIL. PLEASE JOIN OUR ASPIRE PRIVATE PARENTS PAGE - THIS IS A GREAT WAY TO STAY UP TO DATE WITH WHAT IS GOING ON AT THE STUDIO.

WWW.FACEBOOK.COM/GROUPS/1076056259167151/?REF=BOOKMARKS



SCAN QR CODE OR SAVE TO PHOTOS
CLICK ON "JOIN PAGE" - ADMIN WILL APPROVE YOUR REQUEST

M O N D A Y	ASPIRE 3:30-4:30 Sub Senior Drama (Gr7-9) 4:30-5:30 Sub Senior Music Theatre (Gr7-9) 5:30-6:30 Senior Drama (Gr10-12) 6:30-7:30 Senior Music Theatre (Gr10-12) 7:30-9:00 We Will Rock You Musical Leads	ASPIRE 3:30-4:15 Primary Ballet Group 1 4:15-5:00 Grade 2 Ballet 5:00-5:45 Grade 3 Ballet 5:45-6:45 Inter FoundaNon Ballet 6:45-7:30 Grade 4 Ballet 7:30-8:30 Repertoire Ballet	MACKAY NORTH HIGH HALL 4:45-5:45 Grade 9 Jazz (Exam only) 5:45-6:45 Grade 8 Jazz (Exam only)
T U E S D A Y	ASPIRE MORNING 9:00-9:30 Lil Ballet Level 1 (turning 3 in 2024) 9:30-10:00 Lil Jazz/Hip Hop Level 1 (turning 3 in 2024) 3:30-4:15 FoundaNon Contemporary 4:15-5:00 Intermediate Drama (Gr4-6) 5:00-5:45 Intermediate Music Theatre (Gr4-6) 5:45-6:30 Level 2 Contemporary 6:30-7:15 Level 1 Contemporary 7:15-8:15 Level 3 Contemporary	ASPIRE MORNING 10:00-10:30 Lil Ballet Level 2 (turning 4 yrs in 2024) 10:30-11:00 LIL Jazz/Hip Hop Level 2 (turning 4 yrs in 2024) 3:30-4:15 Primary Ballet Group 2 4:15-5:00 Grade 1 Ballet 5:00-5:45 Grade 2 Ballet 5:45-6:30 Grade 3 Ballet 6:30-7:15 Grade 5 Ballet 7:15-8:15 Repertoire Ballet	ASPIRE 5:15-6:15 Grade 8 Tap Exam Only 6:15-7:15 Grade 6 Tap Exam Only
W E D N E S D A Y	ASPIRE MORNING 9:00-9:30 Lil Ninjas /Acro (3-4yrs) 3:30-4:15 Pre-Primary Ballet 5:00-6:00 Intermediate Ballet 6:15-7:15 Grade 5 & Inter Found PBT 7:15-8:15 Advanced 2 Ballet	ASPIRE 3:30-4:15 Junior Girls & Boys Hip Hop 4:15-5:00 Junior Contemporary 5:00-6:00 Senior Hip Hop 6:00-6:45 Grade 6 Tap 6:45-7:30 Grade 5 Tap	MACKAY NORTH HIGH HALL 4:30-5:30 Grade 9 Jazz 5:30-6:30 Level 5/Senior Contemporary 6:30-7:30 Grade 8 Jazz 7:30-8:30 Level 4 Contemporary
T H U R S D A Y	ASPIRE MORNING 9:00-9:30 Mums & Bubs 10:00-10:30 Lil Ballet Level 1 (turning 3 in 2024) 10:30-11:00 LIL Jazz/Hip Hop Level 1 (turning 3 in 2024) 3:30-4:15 Grade 1 Jazz 4:15-5:00 Junior Modern Jazz 5:00-5:45 Grade 3 Jazz 5:45-6:30 Grade 4 Jazz 6:30-7:15 Grade 6 Jazz 7:15-8:00 Grade 5 Jazz 8:00-8:45 Senior Jazz	ASPIRE 3:30-4:15 Junior Tap 4:15-5:00 Grade 2 Tap 5:00-5:45 Grade 4 Tap 5:45-6:30 Grade 3 Tap 6:30-7:15 Grade 5 Tap Exam Only 7:15-8:00 Grade 8 Tap	ST PAT'S PAC (RIVER STREET) 3:30-4:30 Senior PBT (Inter-Advanced 2) 4:30-5:30 Intermediate Ballet 5:30-7:00 Adv FoundaNon Ballet 7:00-8:00 Advanced 1 Ballet
F R I D A Y	ASPIRE 3:30-4:30 Grade 5 Ballet 4:30-5:15 Grade 4 Ballet 5:15-6:15 Inter FoundaNon Ballet 6:15-7:15 Advanced 1 Ballet	ASPIRE 3:30-4:15 Junior Music Theatre (Prep-Grade 3) 4:30-5:15 Level 1 Contemporary Exam Only 5:15-6:15 Grade 6 Jazz Exam Only 6:15-7:00 Intermediate Acro 1 Group 1 7:00-7:45 Intermediate Acro 2 Group 2	
S A T U R D A Y	ASPIRE 9:00-9:30 Lil Ballet Level 2 (turning 4 in 2024) 9:30-10:00 Lil Jazz/Hip Hop Level 2 (turning 4 in 2024) 10:00-10:30 Lil Ninjas /Acro (3-4yrs) 11:30-12:15 Grade 1 Ballet 12:15-1:00 Level 4 Contemporary	ASPIRE 8:30-9:15 Level 2 Contemporary Exam Only 9:15-10:00 Level 3 Contemporary Exam only 10:00-10:45 Primary Ballet Exam Only 10:45-11:30 Pre-Primary & Primary Jazz 11:30-12:15 Pre-Primary & Primary Tap 12:15-1:00 Junior Acro 1 1:00-1:45 Junior Acro 2	STUDIO 53 (GREGORY STREET) 12:30-1:30 Inter FoundaNon Ballet 1:30-2:30 Intermediate Ballet 2:30-3:30 Adv FoundaNon Ballet 3:30-4:30 Advanced 1 Ballet PIONEER STATE HIGH – BEDFORD RD 3:30-5:30 We Will Rock You Musical Rehearsals