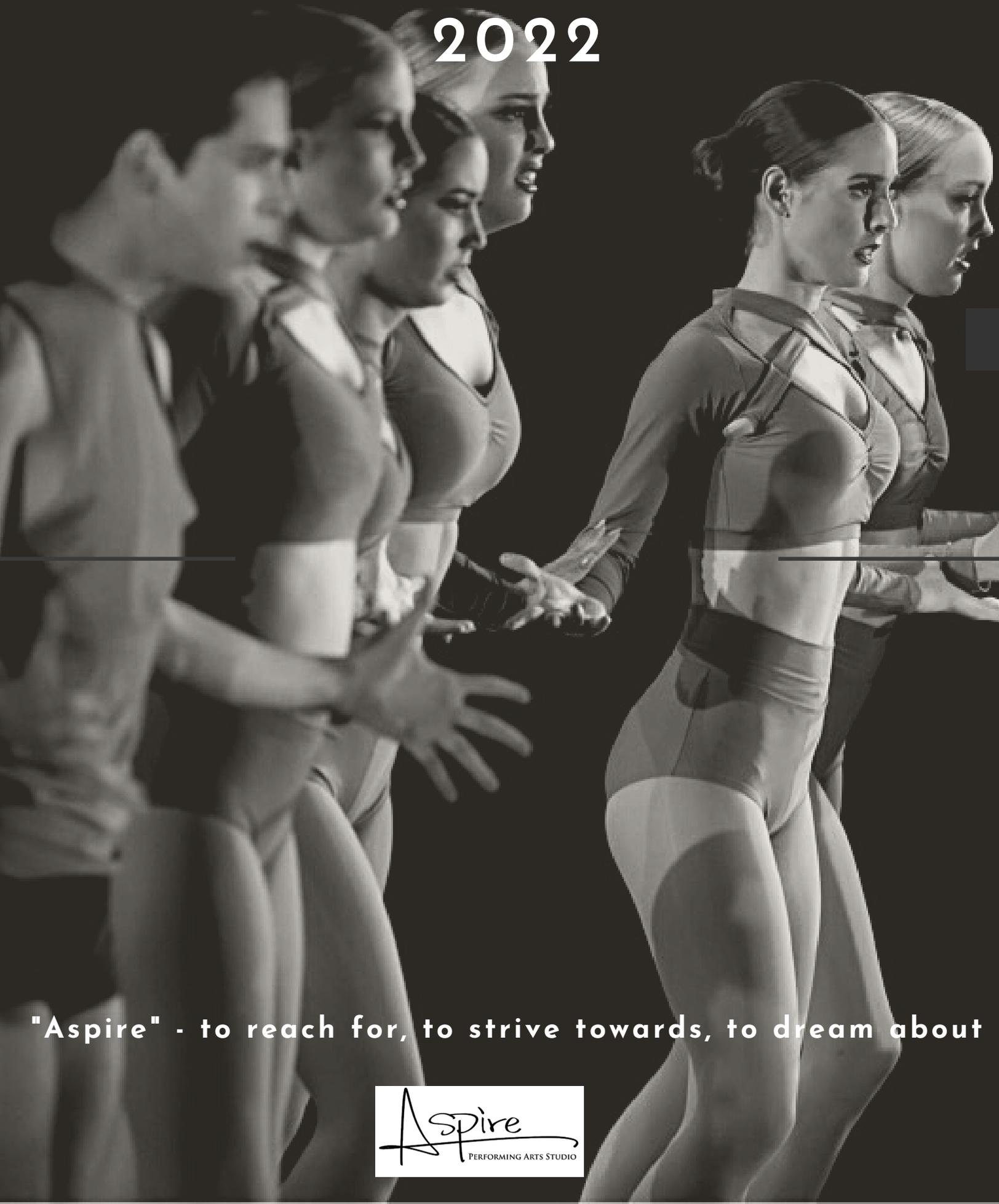


ASPIRE PROSPECTUS 2022



"Aspire" - to reach for, to strive towards, to dream about



Welcome to Aspire

Our name serves to inspire us to keep reaching for our goals, both long- and short-term.

Whether wishing to pursue a career in dance or the performing arts, or learning for enjoyment, all students are given every opportunity to achieve, and are encouraged to reach their greatest potential.

From our tiniest tots right through to our most accomplished senior performers, every student is treated as an individual, whose needs and aspirations are just as important as those of their peers.

From their very first lesson at Aspire, our students will begin to achieve increased levels of self-esteem, self-confidence and concentration.

They will have the opportunity to make long-lasting friendships, while engaging in a challenging, rewarding art form which promotes overall health and fitness in a creative and enjoyable setting.



CONTACT US

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TINY STARS AT ASPIRE

Fun for our littlest performers



Mums and Bubs

Mums & Bubs Dancing helps your child develop muscle strength, stronger physical and mental reflexes, and a longer attention span. Mums & Bubs is a great way to help your toddler improve both their mental development and motor skills. Our classes are a wonderful way for you to spend one-on-one time with your child enjoying the freedom of movement together.

Tiny Toes Ballet

An ideal introduction to the magic of classical ballet, our bespoke Tiny Toes creative program has been carefully formulated to enhance the development of fine and gross motor skills, imagination, and joy in movement. Little girls and boys will grow stronger and more confident and flexible through their dance classes, but they will also grow more creative. Ballet creates a unique outlet for your dancer to understand and translate their emotions, thoughts, and ideas into powerful movements.

Star Babies Jazz/Acro

Our unique Star Babies program is the perfect first dance class. This thirty-minute class is specifically designed to introduce the fundamentals of dance, movement and co-ordination. In these exciting classes, set to a variety of upbeat songs and music, they learn basic skills, build a foundation of technique, and use their imagination while exploring the creativity of dance. Acro skills – balancing, tumbling and flexibility – are all introduced in a fun, exciting way that the children absolutely love.



Tiny Stars Concert
SUNDAY 20 NOVEMBER 2022



The highlight of our little ones' year is our annual Tiny Stars Show where every child gets the opportunity to dress up in wonderful costumes and perform in front of their family and friends. Excitement runs high, they do two shows of just over an hour each, and everything is finished by lunch time, ensuring that none of our little stars are over-tired and are able to go home happy and fulfilled



Class Descriptions

Classical Ballet



Classical Ballet provides the postural control, strength and coordination required for all dance styles. It requires discipline and perseverance, and the rewards are incredible – coordination, musicality, flexibility and artistry. Ballet at Aspire follows the Royal Academy of dance syllabus, offering classes from Pre- Primary to Adv. 2. The RAD is one of the largest and most influential dance education and training organisations in the world. Students are encouraged to enter for exams once they have reached the required standard.

Jazz is a modern and energetic style of dance for all ages that combines modern music with strong and dynamic movements. Focusing on strength, fitness, flexibility and fun, jazz classes at aspire build on a vast array of styles by continuing to incorporate choreography that is innovative and entertaining. Students will take part in free jazz alongside the CSTD jazz syllabus. Students will have the opportunity to enter examinations.

Jazz



Tap



Tap is a fun and rhythmical form of dance which encourages both musicality and co-ordination. Using clarity in sound, tap builds on a percussive style that can accentuate rhythms, or make music of its own. Aspire students study the Comdance Tap syllabus and will have the opportunity to enter examinations once they have reached the required level of proficiency

Contemporary dance uses the bodies natural lines and energy to create new movements which have a greater range of fluidity than conventional dance. The ease of movement promoted by contemporary dance technique means that it is accessible for beginners as well as allowing experience dancers to push new boundaries of body movement.

Aspire offers contemporary examinations through the Jason Winters C.S.T.D syllabus.

Contemporary



PBT/Body Conditioning



Progressing Ballet Technique (PBT) is an innovative body conditioning and strengthening program that has been designed by Ms Marie Walton-Mahon OAM. This program enhances classical technique by focusing on training the muscle memory required for all forms of dance. It also assists with injury prevention and rehabilitation.

Progressing Contemporary Technique is an innovative program created by Adam Blanch in conjunction with Progressing Ballet Technique, devised as a series of functional exercises to help the dancer explore and develop freedom of movement as well as bringing an enhanced sense of mobility in contemporary dance. PCT allows students to organically develop their contemporary technique through a progressive structure of exercises.

Progressing Contemporary Technique



Hip Hop



Hip-Hop is a dynamic urban dance style that encompasses a wide array of popping, locking and breaking movements. Students engage in an upbeat environment where they will focus on hip-hop technique and choreography while dancing to all the current and old school hip-hop, rap and R&B tracks. This is a style that anyone can learn and students of all ages and degrees of experience are encouraged to join. Hip-Hop offered at Aspire will equip students with a commercial edge that's improving their overall versatility and dance.

Aspire offers the study of AcroDance through the American company Acrobatic Arts. The program is based on safe and effective progressions with proven results in five divisions of AcroDance: flexibility, strength, balancing, limbering and tumbling. Simple, thoughtful progressions take the beginner preschool level dancer from log rolls and somersaults to the advanced dancer tumbling effortlessly across the stage.

Acrobatic Dance





**ASPIRE PERFORMING ARTS
MORE THAN JUST A DANCE SCHOOL**

MUSICAL THEATRE & DRAMA

At Aspire, students develop an understanding of the broader arena of music theatre. They become skilled in the four disciplines of singing, acting, dancing and creating – The Quadruple Threat! Music Theatre students develop the ear of a musician, the body awareness of a dancer, the imagination of an actor, and the vision of a director. Students are trained to respond creatively to scripts and songs, they learn ensemble and solo singing in a range of musical theatre repertoire, acting technique and dance in a variety of styles. This class is also excellent for self-confidence and personality development.

EISTEDDFOD INFORMATION

Aspire enters a variety of group routines in the Mackay Eisteddfod each year. Students will be able to take part in these provided they have reached the required standard. (A small number of routines are by invitation only.) The Eisteddfod is a wonderful opportunity for students to work together in a fun, but professional setting. The Term 3 Timetable will be adjusted to accommodate the group rehearsals, and as there are combined ages in groups, it is very probable that your student's class times will be different to what they were in Term 1 and 2.

Mackay Dance Festival - May Long Weekend 2022
Mackay Eisteddfod (Vocal and Music) 10th – 21st August 2022
Mackay Eisteddfod (Dance and Speech and Drama) 1st – 16th October 2022

Our intensive week of practices for groups is **COMPULSORY – NO exceptions**. Students **MUST** attend every lesson from Saturday to Friday. This is the only week in the year where we insist on full attendance. If you are unable to commit to this week, your student will not be able to participate in the Eisteddfod, but will still be able to perform in the concert.

EISTEDDFOD INTENSIVE WEEK REHERSALS :
SATURDAY 24TH – FRIDAY 30TH SEPTEMBER 2022
Drama and Musical Theatre students compulsory dates:
THURSDAY 29th & FRIDAY 30th SEPTEMBER

SOLOS

Students will be invited to enter solos/solo pieces in Eisteddfods. Cost: \$300 per dance solo. (This includes 3 hours of tuition) Any further polishing lessons required will be charged at the usual private lesson rate of \$40 per half hour. Students are expected to do their own practice at home as well.

Payment: All solo fees are to be paid in cash, either
a) Full payment of \$300 at the first private lesson, or
b) 3 payments of \$100 each – to be fully paid by the final lesson
Parents are responsible for sourcing and organising solo costumes and props (if required). Please liaise with the teacher early on about her preference for costumes.

It is also the responsibility of parents to enter their students into the eisteddfod after solos have been discussed with Aspire teachers.

EXAMS 2022

ROYAL ACADEMY OF
DANCE

COMDANCEINC
EST. 1988

Examinations provide an opportunity to track the student's progression as well as setting goals for them to focus on and work towards. This improves the students' overall technical ability as well as instilling a sense of responsibility in achieving their goals. Students must attend extra workshops during the year if they wish to sit exams.

As mentioned previously in the class descriptions, the following syllabi will be taught:

- R.A.D - Ballet
- C.S.T.D - Jazz, Tap and Contemporary
- Trinity - Drama and Music Theatre



CONCERT 2022

Aspire presents It's Showtime at the end of each year in order to showcase the students and the work that they have done throughout the year. All students are invited to take part in the concert, which is the highlight of the year. This is a great opportunity for the students to hit the "big stage" at the MECC in an exciting and fun setting. There is a place for everyone to shine in our end of year concert.



IT'S SHOWTIME CONCERT
SUNDAY 27TH NOVEMBER 2022

7.



VENUE

ASPIRE PREMISES

ASPIRE IS CENTRALLY LOCATED AT 1/7 WINDMILL CROSSING, MT PLEASANT. (TURN RIGHT AT TRAFFIC CIRCLE AFTER MCDONALD'S). THE PREMISES OFFER:

- 2 SPACIOUS, AIR-CONDITIONED STUDIOS, COMPLETE WITH MIRRORS, SPRUNG FLOORING AND TARKETT
- 1 SMALLER STUDIO, COMPLETE WITH AIR CONDITIONING AND SPRUNG FLOORING
- AMENITIES – TOILET, SHOWER, CHANGE-ROOMS
 - AMPLE, SAFE, ON-STREET PARKING.

NB PLEASE PARK IN THE STREET - IT IS STUDIO POLICY THAT WE DON'T USE THE SMALL PARKING LOT BEFORE 5:30PM AS IT GETS VERY CONGESTED AND IS A HAZARD TO OUR STUDENTS' SAFETY.

UNIFORMS

DANCE WEAR MACKAY HOLLAND STREET STOCK ALL ASPIRE UNIFORM ITEMS.

ALL STUDENTS ARE EXPECTED TO TAKE PRIDE IN THEIR GROOMING, THIS INCLUDES HAIR, CORRECT FOOT-WEAR AND ENSURING THAT ASPIRE UNIFORMS ARE WORN AT ALL TIMES.

COMMUNICATION



WE WANT YOU TO BE WELL - INFORMED, SO WE HAVE MANY COMMUNICATION CHANNELS TO MAKE SURE YOU DON'T MISS ANYTHING. MOST COMMUNICATION FROM OUR STUDIO WILL HAPPEN VIA EMAIL. PLEASE JOIN OUR ASPIRE PRIVATE PARENTS PAGE - THIS IS A GREAT WAY TO STAY UP TO DATE WITH WHAT IS GOING ON AT THE STUDIO.

SEARCH ON FACEBOOK, ASPIRE PERFORMING ARTS STUDIO PARENTS PRIVATE PAGE, CLICK ON "JOIN PAGE" - ADMIN WILL APPROVE YOUR REQUEST