

# ASPIRE PROSPECTUS 2025



"Aspire" - to reach for, to strive towards, to dream about



# Welcome to Aspire

Our name serves to inspire us to keep reaching for our goals, both long- and short-term.

Whether wishing to pursue a career in dance or the performing arts, or learning for enjoyment, all students are given every opportunity to achieve, and are encouraged to reach their greatest potential.

From our tiniest tots right through to our most accomplished senior performers, every student is treated as an individual, whose needs and aspirations are just as important as those of their peers.

From their very first lesson at Aspire, our students will begin to achieve increased levels of self-esteem, self-confidence and concentration.

They will have the opportunity to make long-lasting friendships, while engaging in a challenging, rewarding art form which promotes overall health and fitness in a creative and enjoyable setting.



## CONTACT US

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# TINY STARS AT ASPIRE

## Fun for our littlest performers



### Mums and Bubs

Mums & Bubs Dancing helps your child develop muscle strength, stronger physical and mental reflexes, and a longer attention span. Mums & Bubs is a great way to help your toddler improve both their mental development and motor skills. Our classes are a wonderful way for you to spend one-on-one time with your child enjoying the freedom of movement together.

### Tiny Star Ballet/Jazz

Our combined ballet and jazz classes offer a diverse and dynamic approach to early dance education. Our bespoke Tiny Stars creative program has been formulated to enhance the development of fine and gross motor skills, imagination, and joy in movement. Children will have the opportunity to develop skills in both styles, enhancing their overall technique, musicality and artistry. We begin the class with the magic of classical ballet, and then move into the fun and upbeat feel of jazz and hip hop.

This class is also an excellent way to help your little one build the confidence that they need to transition smoothly into Kindy or Prep.

### Tiny Star Acro/Ninjas

In this action-packed class, our mini superstars will kick off their journey to boost muscle tone, balance, and confidence, all while riding a wave of excitement and sweet success! Our Acro Ninja classes are like a confidence-boosting fun filled training camp, helping kids leap over challenges and amp up their agility and coordination like pros!



## TINY STARS CONCERT

### SUNDAY 24th NOVEMBER 2025



The highlight of our little ones' year is our annual Tiny Stars Show where every child gets the opportunity to dress up in wonderful costumes and perform in front of their family and friends. Excitement runs high, they do two shows of just over an hour each, and everything is finished by lunch time, ensuring that none of our little stars are over-tired and are able to go home happy and fulfilled



# Class Descriptions

## Classical Ballet



Classical Ballet provides the postural control, strength and coordination required for all dance styles. It requires discipline and perseverance, and the rewards are incredible – coordination, musicality, flexibility and artistry. Ballet at Aspire follows the Royal Academy of dance syllabus, offering classes from Pre- Primary to Adv. 2. The RAD is one of the largest and most influential dance education and training organisations in the world. Students are encouraged to enter for exams once they have reached the required standard.

Jazz is a modern and energetic style of dance for all ages that combines modern music with strong and dynamic movements. Focusing on strength, fitness, flexibility and fun, jazz classes at aspire build on a vast array of styles by continuing to incorporate choreography that is innovative and entertaining. Students will take part in free jazz alongside the CSTD jazz syllabus. Students will have the opportunity to enter examinations.

## Jazz



## Tap



Tap is a fun and rhythmical form of dance which encourages both musicality and co-ordination. Using clarity in sound, tap builds on a percussive style that can accentuate rhythms, or make music of its own. Aspire students study the Comdance Tap syllabus and will have the opportunity to enter examinations once they have reached the required level of proficiency.

Contemporary dance uses the body's natural lines and energy to create new movements which have a greater range of fluidity than conventional dance. The ease of movement promoted by contemporary dance technique means that it is accessible for beginners as well as allowing experienced dancers to push new boundaries of body movement.

Aspire offers contemporary examinations through the Jason Winters C.S.T.D syllabus.

## Contemporary



## PBT/Body Conditioning



Progressing Ballet Technique (PBT) is an innovative body conditioning and strengthening program that has been designed by Ms Marie Walton-Mahon OAM. This program enhances classical technique by focusing on training the muscle memory required for all forms of dance. It also assists with injury prevention and rehabilitation.

Aspire offers the study of AcroDance through the American company Acrobatic Arts. The program is based on safe and effective progressions with proven results in five divisions of AcroDance: flexibility, strength, balancing, limbering and tumbling. Simple, thoughtful progressions take the beginner preschool level dancer from log rolls and somersaults to the advanced dancer tumbling effortlessly across the stage.

## Acrobatic Dance



## Hip Hop



Hip-Hop is a dynamic urban dance style that encompasses a wide array of popping, locking and breaking movements. Students engage in an upbeat environment where they will focus on hip-hop technique and choreography while dancing to all the current and old school hip-hop, rap and R&B tracks. This is a style that anyone can learn and students of all ages and degrees of experience are encouraged to join. Hip-Hop offered at Aspire will equip students with a commercial edge that's improving their overall versatility and dance. This class is offered only to our primary school aged dancers.

## PRIVATE SINGING LESSONS

THESE ARE BOOKED DIRECTLY WITH THE TEACHER PLEASE ENQUIRE FOR CONTACT DETAILS







**ASPIRE PERFORMING ARTS  
MORE THAN JUST A DANCE SCHOOL**

# MUSICAL THEATRE & DRAMA

**Aspire - Where Students Excel in Music Theatre.**  
At Aspire, music theatre students gain a well-rounded education in the art form. They become a "Quadruple Threat" by honing their singing, acting, dancing, and creative skills. This comprehensive approach develops an ear for music, body awareness, imagination, and vision. Our students learn to respond creatively to scripts and songs, while mastering ensemble and solo singing across a range of musical theatre repertoire. They also gain experience in acting techniques and dance styles. Our curriculum not only fosters talent but also improves self-confidence and personality development.

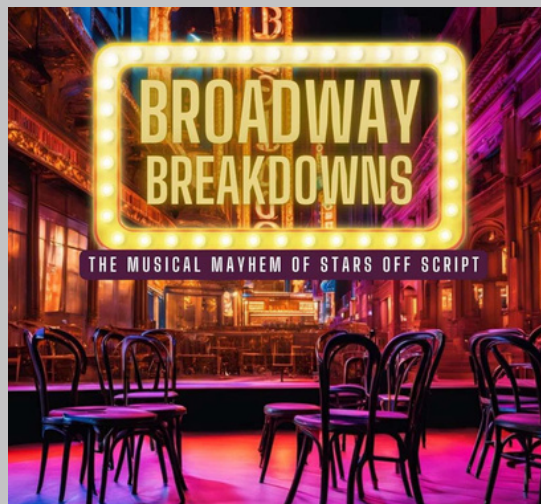
5.

# ANNUAL MUSICAL 2025!

In 2023, Aspire introduced its very first in-house full-length musical, "Legally Blonde Jr." Students had the exciting opportunity to audition and take part in this production, which occurred beyond their regular class times. Participating in the musical allowed students to gain valuable insights into the various aspects of staging a show. "Legally Blonde" proved to be a tremendous hit with Mackay audiences, as both performances were sold out. In 2024, Aspire continued its musical journey with "We Will Rock You Young@part," staged in March. Students relished the chance to rock out to Queen's iconic tunes, resulting in a spectacular show that garnered rave reviews.

Looking ahead, an exciting variety-style show has been announced as the Musical for 2025, titled Broadway Breakdowns. Have you ever pondered what Musical Theatre characters think about their own narratives? This will all be unveiled when the 2025 musical takes the stage, featuring songs from popular modern musicals like Wicked, Mamma Mia, Shrek, Addams Family, and many more.

Auditions are set for Monday, January 27th, and are open to all current and new Aspire Musical Theatre students in Grade 3 and above. (Video submissions are also accepted for those still enjoying their holiday.)



Audition Packs will be available from the 1st January 2025



# EISTEDDFOD INFORMATION

Aspire enters a variety of group routines in the Mackay Eisteddfod each year. Students will be able to take part in these provided they have reached the required standard. (A small number of routines are by invitation only.) The Eisteddfod is a wonderful opportunity for students to work together in a fun, but professional setting. The Term 3 Timetable will be adjusted to accommodate the group rehearsals, and as there are combined ages in groups, it is very probable that your student's class times will be different to what they were in Term 1 and 2.

Mackay Dance Festival - 3rd-6th July 2025

Mackay Eisteddfod (Vocal and Music) Mid-August 2025

Mackay Eisteddfod (Dance and Speech & Drama) From 4th/5th October 2025

Our intensive week of practices for groups is **COMPULSORY – NO exceptions**. Students **MUST** attend every lesson from Saturday to Friday. This is the only week in the year where we insist on full attendance. If you are unable to commit to this week, your student will not be able to participate in the Eisteddfod but will still be able to perform in the concert.

**DANCE EISTEDDFOD INTENSIVE WEEK REHERSALS:  
SATURDAY 27th SEPTEMBER – FRIDAY 3rd OCTOBER 2025**

## SOLOS

Students will be invited to enter solos/solo pieces in Eisteddfods. Cost: \$300 per dance solo. (This includes 3 hours of tuition) Any further polishing lessons required will be charged at the usual private lesson rate of \$45 per half hour. Students are expected to do their own practice at home as well.

Payment: All solo fees are to be paid in cash, either  
a) Full payment of \$300 at the first private lesson, or  
b) 3 payments of \$100 each – to be fully paid by the final lesson  
Parents are responsible for sourcing and organising solo costumes and props (if required). Please liaise with the teacher early on about her preference for costumes.

It is also the responsibility of parents to enter their students into the eisteddfod after solos have been discussed with Aspire teachers.



# EXAMS 2025

ROYAL ACADEMY OF  
DANCE

COMDANCE **INC.**  
EST. 1988

Examinations provide an opportunity to track the student's progression as well as setting goals for them to focus on and work towards. This improves the students' overall technical ability as well as instilling a sense of responsibility in achieving their goals. Students must attend extra workshops during the year if they wish to sit exams.

As mentioned previously in the class descriptions, the following syllabi will be taught:

- R.A.D – Ballet
- C.S.T.D – Jazz, Tap and Contemporary
- Trinity – Drama and Music Theatre



# CONCERT 2025

Aspire presents It's Showtime at the end of each year in order to showcase the students and the work that they have done throughout the year. All students are invited to take part in the concert, which is the highlight of the year. This is a great opportunity for the students to hit the "big stage" at the MECC in an exciting and fun setting. There is a place for everyone to shine in our end of year concert.



**IT'S SHOWTIME CONCERT**  
**SUNDAY 30TH DECEMBER 2025**



# VENUE

## ASPIRE PREMISES

ASPIRE IS CENTRALLY LOCATED AT 1/7 WINDMILL CROSSING, MT PLEASANT. (TURN RIGHT AT TRAFFIC CIRCLE AFTER MCDONALD'S). THE

## PREMISES OFFER:

- 2 SPACIOUS, AIR-CONDITIONED STUDIOS, COMPLETE WITH MIRRORS, SPRUNG FLOORING AND TARKETT
- 1 SMALLER STUDIO, COMPLETE WITH AIR CONDITIONING AND SPRUNG FLOORING
- AMENITIES – TOILET, SHOWER, CHANGE-ROOMS
  - AMPLE, SAFE, ON-STREET PARKING.

NB PLEASE PARK IN THE STREET - IT IS STUDIO POLICY THAT WE DON'T USE THE SMALL PARKING LOT BEFORE 5:30PM AS IT GETS VERY CONGESTED AND IS A HAZARD TO OUR STUDENTS' SAFETY.

# UNIFORMS

DANCE WEAR MACKAY HOLLAND STREET STOCK ALL ASPIRE UNIFORM ITEMS.

ALL STUDENTS ARE EXPECTED TO TAKE PRIDE IN THEIR GROOMING, THIS INCLUDES HAIR, CORRECT FOOT-WEAR AND ENSURING THAT ASPIRE UNIFORMS ARE WORN AT ALL TIMES.

# COMMUNICATION



WE WANT YOU TO BE WELL - INFORMED, SO WE HAVE MANY COMMUNICATION CHANNELS TO MAKE SURE YOU DON'T MISS ANYTHING. MOST COMMUNICATION FROM OUR STUDIO WILL HAPPEN VIA EMAIL.

PLEASE JOIN OUR ASPIRE PRIVATE PARENTS PAGE - THIS IS A GREAT WAY TO STAY UP TO DATE WITH WHAT IS GOING ON AT THE STUDIO.

WWW.FACEBOOK.COM/GROUPS/1076056259167151/?REF=BOOKMARKS



SCAN QR CODE OR SAVE TO PHOTOS  
CLICK ON "JOIN PAGE" - ADMIN WILL APPROVE YOUR REQUEST



# 2025 TERM 1 ASPIRE TIMETABLE

M O N D A Y	ASPIRE 3:30-4:30 Sub Senior Drama (Gr7-9) 4:30-5:30 Sub Senior Music Theatre (Gr7-9) 5:30-6:30 Senior Drama (Gr10-12) 6:30-7:30 Senior Music Theatre (Gr10-12) 7:30-9:00 Musical Leads	ASPIRE 4:00-4:45 Primary Ballet Group 1 4:45-5:30 Grade 2 Ballet 5:30-6:15 Grade 3 Ballet 6:15-7:00 Grade 4 Ballet 7:30-8:30 Repertoire/ Open Ballet	MACKAY NORTH HIGH HALL 4:45-5:45 Teachers Certificate 5:45-6:45 Grade 6 Tap (exam only) 6:45-7:45 Grade 7 Tap (exam only)
	ASPIRE MORNING 9:00-9:30 Mums & Bubs 18months + T9:45 -10:30 Tiny Stars Ballet & Jazz Level 1 (Born in 2022) 10:30-11:15 Tiny Stars Ballet & Jazz Level 2 (Born in 2021)  3:30-4:30 Foundation Contemporary 4:30-5:15 Intermediate Drama (Gr4-6) 5:15 -6:00 Intermediate Music Theatre (Gr4-6) 6:00-6:45 Level 2 Contemporary 6:45-7:30 Level 3 Contemporary 7:30-8:30 Level 4 Contemporary	ASPIRE  3:30-4:15 Primary Ballet Group 2 4:15-5:00 Grade 1 Ballet 5:00-5:45 Grade 2 Ballet 5:45-6:30 Grade 3 Ballet 6:45-7:30 Grade 5 Ballet 7:30-8:30 Repertoire/ Open Ballet	ASPIRE  4:30-5:15 Gr 5 Tap 5:15-6:15 Repertoire Students PBT 6:30-7:30 Level 5 Contemporary Theory
W E D N E S D A Y	ASPIRE 3:30-4:15 Pre-Primary Ballet 4:15-5:00 Primary Exam (From March 2025) 5:00-6:00 Intermediate Ballet 6:15-7:15 Intermediate Found Ballet 7:30-8:30 Advanced Foundation Ballet	ASPIRE 3:30-4:15 Tiny Stars Ballet & Jazz 1&2 (Born 2021 & 2022)  4:15-5:00 Pre Primary/Primary Jazz 5:00-5:45 Junior Girls & Boys Hip Hop 5:45-6:45 Senior Hip Hop	MACKAY NORTH HIGH HALL 4:30-5:30 Grade 9 Jazz 5:30-6:30 Level 5 Contemporary 6:30-7:15 Level 4 Contemporary 7:15-8:15 Senior Contemporary
T H U R S D A Y	ASPIRE 3:30-4:15 Grade 1 Jazz 4:15-5:00 Grade 2 Jazz 5:00-5:45 Grade 6 Jazz 5:45-6:30 Grade 4 Jazz 6:30-7:30 Grade 7 Jazz 8:00-8:45 Senior Jazz	ASPIRE 3:30-4:15 Junior Jazz 4:15-5:00 Junior Tap 5:00-5:45 Grade 4 Tap 5:45-6:30 Grade 5 Tap 6:30-7:15 Grade 5 Jazz 7:15-8:00 Senior Tap	STUDIO 3 3:30-4:15 Grade 3 Tap 4:15-5:00 Grade 6 Tap 5:00-5:45 Grade 7 Tap  ST PAT’S PAC (RIVER STREET) 4:30-5:30 Inter Foundation Ballet 6:15-7:15 Intermediate Ballet 7:30-8:30 Advanced Foundation
F R I D A Y	ASPIRE 3:30-4:30 Grade 5 Ballet 4:30-5:3 Grade 4 Ballet 5:15-6:15 Intermediate PBT (Gr 4 & 5 Ballet Students)	ASPIRE 3:45-4:30 Junior Music Theatre (Prep & Grade 1) 4:30-5:15 Junior Music Theatre (Grade 2 & 3) 5:15-6:00 Grade 7 Jazz (Exam Only) 6:00-6:45 Grade 9 Jazz (Exam Only) 6:45-7:30 Intermediate Acro 1 Group 1 7:30-8:15 Intermediate Acro 2 Group 2	ASPIRE 4:30-5:30 Found Contemp (Exam only) 5:30-6:15 Level 3 Contemp (Exam Only) 6:15-7:00 Level 2 Contemp (Exam only)
S A T U R D A Y	ASPIRE 9:00-9:45 Tiny Stars Ballet & Jazz Level 2 (Born in 2022) 9:45-10:15 Tiny Stars Ninjas (Born in 2021 & 2022) 10:15-11:00 Pre-Primary & Primary Jazz 11:00-11:45 Pre-Primary & Primary Tap 11:45-12:30 Junior Acro 1 12:30-1:15 Junior Acro 2	ASPIRE 9:15-10:15 Senior PBT -Int Found & Int Ballet Students  11:45-12:30 Grade 1 Ballet	STUDIO 53 (GREGORY STREET)  1:00-2:00 Intermediate Foundation Ballet 2:00-3:00 Intermediate Ballet 3:00-4:00 Advanced Foundation Ballet  PIONEER STATE HIGH PA 3:30-5:30 Musical Rehearsals